# WHAT IS NO SHEP?









### Simply put, Kosher means "fit."

The laws of kosher define the foods that are fit for consumption for the Kosher consumer

What makes something kosher?



#### **ALWAYS KOSHER**

Some food items are always kosher, such as those which are minimally processed - grains, water, sugar, and salt



#### SEPARATE

Meat and milk are never combined. Separate utensils are used for each.



**FISH** 

Kosher fish mush have fins and scales.



#### MEAT

Must come from animals that are prepared in a specific and painless manner.





#### **KOSHER STYLE**

Jewish-type foods, like bagels and lox or chicken soup. These foods are usually not certified kosher and must be verified.



#### KOSHER MAY BE MADE IN ANY KITCHEN

Kosher products may only be cooked/prepared in Kosher kitchens that don't touch non-Kosher foods.

#### THE SAME AS "NATURAL" FOODS

While natural foods may indeed be kosher, there is no expectation that they will be. MAY BE PRODUCED ON NON-KOSHER EQUIPMENT

Kosher foods that are produced on non-kosher production lines become non-kosher by proxy and are therefore forbidden.



#### **BLESSED BY A RABBI**

Food is blessed before it is eaten, but that does not make food kosher.

#### **KOSHER SALT**

"Kosher Salt" is used to drain blood from meat. There's nothing intrinsically kosher about Kosher salt.











#### **CRUSTACEANS** Oysters, shellfish, lobster are not kosher

#### **INSECTS**

All greens must be washed with veggie wash to remove even tiny insects

#### PORK

Animals must have split hooves and chew their cud



## What's Kosher-Sensitive?



#### **CHEESE AND DAIRY**

Must be made under Kosher supervision and with Kosher ingredients, such as Kosher rennet

#### **GLYCERIN: ANIMAL VS. VEGETABLE**

DISTRIBUTED BY

in Street, CHICOPEE FALLS, MASS

MIRE GLYCERINE, U. S. P.

HAS. W. KING

FL. OZ.

alts 1 teaspoonful. Used instead sweetening. Also used externally.

Animal-based glycerin is generally not Kosher. Vegetable-based glycerin may be Kosher if made on dedicated production lines.



**WINE AND GRAPE JUICE** 

Must be made under careful Kosher supervision from the time of the crush.



Kosher

Categories



Kosher Categories















Foods with neither meat nor dairy ingredients are **pareve**, or "neutral."



the

Kosher Market

## Did You Know?



#### **SALES**

By 2025, the market for Kosher food is likely to exceed **\$25.6 billion** 



Most food ingredients in North America (~70%) already meet kosher standards





#### PACKAGED FOODS

41% of all packaged food in the US is certified Kosher

#### CROSSOVER KOSHER CONSUMER

- Vegetarians
- Halal Muslim market
- Desire for transparency





The Kosher logo is on the product, so the consumer sees it at the point of sale to drive sales

Kosher Inspection

### **INGREDIENTS** 8 EQUIPMENT



Ingredients

### Kosher Certified Kosher Approved

#### **KOSHER CATEGORY**

Meat Dairy Pareve







Equipment

#### Must be dedicated to be all Kosher

#### Potential areas of concern:

- Shared lines with Non-Kosher
- Dairy and Pareve



#### www.crckosher.org

CONTACT

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